



ȘCOALA TEHNICĂ „CONSTANTIN FILIPESCU”  
Ștefan Voicic Strada, Nr. 3, Caracal, JI  
E-mail: [scs@scsfilipescu.ro](mailto:scs@scsfilipescu.ro)  
Tel: 0239 510014

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Erasmus+

2020-1-ES01-KA229-081886\_3

Activity report following the training and learning meeting in Riga, Latvia

October 17-20, 2022

Beneficiary: Technological High School "Constantin Filipescu" Caracal

"Constantin Filipescu" Caracal Technological High School implements the Strategic Partnership KA229 with the title "Breathe free". The project runs from September 2020 to August 2022/2023.

Partners in this project are schools from:

Spain, Turkey, Greece, Latvia and Romania.

The working language of the project is English.

The target group of this project is students between the ages of 12 and 15.

In the week of October 17-20, 2022, the 3rd meeting between students and teachers involved in the "Breathe free" project, a strategic partnership project between schools, carried out within the Erasmus+ Program (K.A.229 – School Education)

Activity title: Innovation and Integrity

Starting from September 1, 2020, "Constantin Filipescu" Caracal Technological High School is running the ERASMUS + Strategic Partnership Project in the field of education - "Breathe freely" with reference number 2020-1-ES01-KA229-081886\_3 together with partner schools from France, Turkey, Croatia and Italy. The project is aimed especially at students between the ages of 14-18.

The project is co-financed by the ERASMUS + program of the European Union, key action 2 (KA220), strategic partnerships between schools.

Between October 17-20, 2022, the 3rd transnational meeting took place in Riga, Latvia, with students and teachers, representatives of the 5 partner schools involved in the project. On behalf of the "Constantin Filipescu" Caracal Technological High School, Ionel Bădica - the school coordinator, Aprodu Costel - primary education

teacher and the students: Mircea Claudiu Ionuț, Mircea Adi Cristian, Crușoveanu Ionuț Florin, Săponaru Andrei Teodor were present.

The goals of the meeting were to start and finish the project on time, to organize well and organize every detail of the project.

Visited partner school Rigas 45. Vidusskola, Riga, participated in workshops.

Activities have been set up to be carried out by teachers and students from each partner school, activities that motivate students to participate, get involved, tolerate.

We discussed and decided on the following topics:

- Supervision of the work program and revision of some assignments from this work program;
- Strengthening the partners' commitment to the project;
- Clarifying the attributions and responsibilities of the partners;
- Project evaluation, its generalization, communication, project and budget management, monitoring, participation of relevant stakeholders, discussion of results, joint decision-making;
- Interviews about transport, transfers, medical insurance, security of participants, accommodation, selection of students and their profiles, permission of families in order to organize learning, teaching, training activities.

During the meeting, discussions were held regarding the date of the next mobilities with student exchanges in Trikala, Greece (February 12-17, 2023) and Denizli, Turkey (May 02-07, 2023).

The impact of this project on our school will be a positive one, contributing to the increase of the European value of the school institution, of the local community, aspects that promote cultural and linguistic diversity and that offer the opportunity to both students and teachers, parents and community members - every activity carried out - to appreciate the role of collaboration and communication, to learn respect for oneself and others.

First day:

The meeting started with a welcome ceremony, a guided tour of the school, ice-breaking activities and the presentation of the mobility program.

The Latvian host offered a Workshop "Inclusion through photos".

Day II:

I visited a refugee center in Riga.

We also discussed how to get rid of negative psychology and emotions.

Day III:

We explored the old city, Riga. The day ended with the meeting of the coordinators.

Day IV:

I participated in the trip from Jurmala, where we visited the Baltic Sea. It was a fantastic experience in which we lived a wealth of feelings, in which we met children and teachers who welcomed us with warmth, openness and friendship.

Analyzing the training and learning activity in the Greek school, we can concretize:

- A very good interaction between partners, sharing of ideas, pleasant working atmosphere;
- The objectives were well defined and completely achieved;
- That the documentary visits were well organized, helping the partners to enrich their notions about Greek culture;
- The workshops took place in optimal conditions, the partners contributing equal to the performance of tasks;
- It proved to be a good collaboration between local decision-makers, parents, teachers, students;
- Promotion materials were visible and done correctly;
- Each participant received the certificate of participation in the meeting.

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Technological High School "Constantin Filipescu" Caracal, Romania

Project manager,  
Prof. Ionel Badica